

---

**Course  
Pre-requisites**

1. Soldiers attending WLC must fall into the following priorities--
    - a. Priority One: Staff Sergeants promoted without WLC.
    - b. Priority Two: Sergeants that are non-WLC graduates. The SGTs may or may not have a WLC waiver.
    - c. Priority Three: SPC/CPL promotable. Use the following priority list:
      - (1) SPC/CPL (P) who meets the cut off score.  
SPC/CPL (P) in MOSs which would have had additional promotions if more promotable SPC/CPLs had been available and identified as "Star MOS" by monthly HRC Promotion Cut-Off Memorandums.
      - (2) SPC/CPL (P) in other MOSs serving in an authorized NCO position based on the highest number of promotion points.
      - (3) All other SPC/CPL (P) on a recommended list based on the highest number of promotion points.
    - d. Priority Four: SPC/CPL in leadership positions. In order to fill all WLC training seats, non-promotable SPCs with demonstrated leadership potential may attend WLC only after exhausting all other higher order of merit list (OML) categories.
    - e. Priority Five: PFC with leadership potential may attend WLC when all higher OML categories are exhausted.
  2. Students must--
    - a. Possess eligibility for reenlistment and be recommended by their commander.
    - b. Have no convictions of a misdemeanor crime of domestic violence (Lautenberg Amendment).
    - c. Have a current periodic health assessment (PHA) or medical examination within the past 12 months to attend WLC. (PEC states 5 years, which is in error IAW AR 40-501).
    - d. If age 40 or over, have completed a Cardiovascular Screening as part of their periodic health assessment within the last five years.
-

---

**Course  
Pre-requisites,  
continued**

3. Commandants may not add local requirements to the prerequisites.

(REF: AR 350-1, Chap 3; AR 40-501, Chap 8; AR 635-200, para 5-14; TR 350-10, Chap 2, para 2-6; TR 350-18, Chap 3; DA MSG, DAMO-TRI, R091624Z Jun 04, para 8, ALARACT 075/2006, DA MSG, TR, 171414Z Apr 07, para 3, ALARACT 075/2007; DA MSG, DAMO-TR, DTG 051617Z May 2008 ALARACT 120/2008; and MILPER MSG 04-273, DTD 4 Oct 2004)

---

**Enrollment  
Requirements**

1. Effective 1 October 2007, the automated PEC took effect. Soldiers whose reservations were made after that date are only required to report with documentary evidence of physical profile and other non-routine prerequisites not contained in the total Army personnel database (TAPDB). DA Form 705 (APFT Card) is no longer needed, due to the responsibility of the commanders to ensure Soldiers meet the Army standards within 30 days before sending to any NCOES, per PEC, dated July 2009.

2. Soldiers who have a permanent profile designator of "3" or "4" must include a copy of their DA Form 3349 and the results of their military medical review board (MMRB) as part of the course application. Soldiers, who have appeared before an MMRB, or similar board, been awarded medical limitations, and allowed to retain their occupational classification, may attend WLC and train within the limitations of their profile--provided they can otherwise meet course prerequisites and graduation requirements.

3. NCOAs will deny enrollment to Soldiers who hold a temporary profile except for shaving or nonperformance deterring profiles. Soldiers diagnosed as pregnant after enrollment may continue training, **provided** the attending physician deems it is safe to do so. Pregnant Soldiers must provide a copy of the attending physician's recommendation. A Soldier medically dismissed for pregnancy after enrollment may return to the course when the condition that led to the medical dismissal no longer exists.

---

**Enrollment  
Requirements,  
continued**

4. Temporary Profile Exceptions: Commanders may send Soldiers with temporary profiles, due to participation in OIF/OEF to WLC. Soldiers must arrive with a copy of their current temporary profile and a memorandum bearing the commander's signature stating the profile exists as a result of injuries during participation in OIF/OEF. The Soldiers will train within the limits of their profiles.
5. For students with P3/P4 profiles, ensure that the profiling doctor and the approving authority doctor have signed the profile. The commander does not need to sign the profile unless he disagrees with the profile. P2 profiles only need the signature of the profiling doctor. Soldiers possessing P2 profiles must also meet course graduation requirements.
6. Wounded Warrior: Commandants will not deny enrollment or disenrollment of Soldiers based on physical profiles resulting from MMEB or MEB rulings. Soldiers previously unable to meet course requirements as a result of physical limitations formally acknowledged by either the wounded warriors program and/or a permanent profile as a result of a MOS/medical retention board, or medical evaluation board, and properly documented using the military physical profile for physical condition/stamina, upper extremities, lower extremities, hearing/ear, eyes, psychiatric (PULHES) code, can attend PME and MOS courses. Waivers are authorized to adjust or waive graduation requirements to these soldiers for enrollment and attendance at professional military education courses (PME), and military occupational specialty (MOS) courses due to reclassification.
7. NCOAs will deny enrollment to Soldiers failing to meet any one of the above prerequisites. Commandants may not supplement these mandatory prerequisite requirements.

(REF: AR 40-501, Chap 8; AR 350-1, Chap 3; and TRADOC Reg 350-10, Chap 2, para 2-6(d); DA MSG, TR, 171414Z Apr 07, para 3, ALARACT 075/2007; HRC Profile Policy for NCOES, 19 January 2007; and <https://www.hrc.army.mil/site/protect/Active/epncoes/ncopoc.htm>, ALARACT XXX/2009 wounded warrior and medical evaluation boarded soldiers approved for continued service and related professional military education and military occupational specialty training, reference, AR 350-1, para 3-9d; AR 600-60, para 4-17; AR 40-400, para 5-3b thru 5-3d.DTG XX0800 MAR 09)

---

**Course  
Graduation  
Requirements**

1. Students must score 70 percent or higher on the following graduation requirements:

- a. Conduct Army Physical Readiness Training.
- b. Conduct Individual Training.
- c. Conduct Squad Drill.
- d. Communicate in Writing.
- e. Oral History Briefing.
- f. Two demonstrated Leadership Evaluations (garrison and tactical environment).
- g. Leadership Exam.
- h. Training Exam.
- i. Warfighting Exam.

(REF: AR 350-1, TRADOC Reg 350-18, TRADOC Reg 350-10, and WLC CMP)

---

---

**Course  
Graduation  
Requirements,  
Continued**

HT/WEIGHT IAW ALARACT 075/2007 EFFECTIVE 1 APRIL 2007

A. Soldiers flagged for weight control failure will not be selected, scheduled, or attend institutional training. Once soldiers meet standards, they will be considered eligible for military schools and institutional training courses.

B. Soldiers attending military schools and institutional training courses which require preparation of a DA form 1059 (service school academic evaluation report) will be administered the height/weight screening as a mandatory course requirement. (All students will be administered the initial height/weight on day zero at in-processing).

(1) One retest and/or screening is allowed. It will be administered no earlier than seven days after the initial height/weight standards.

(2) Soldiers who meet academic course requirements, but fail to meet the height/weight standards will not be removed from the course, nor will they be required to re-attend the course if all other course requirements are met. Instead, soldiers will complete training and their DA form 1059 will be annotated to reflect their performance.

C. Soldiers who fail to meet the body fat composition standards of AR 600-9 will be considered an academic course graduate, but item 11.c. of their DA Form 1059 be marked marginally achieved course standards and item 14 will be marked failed to meet body fat composition standards. If students meet HT/WT standards IAW AR 600-9 no paperwork is required for filing. If HT/WT standards are not met, fill out a DA Form 5500-R for each student.

D. NCOAs Commandants will not add to the standards of AR 600-9 or the ALARACT by imposing any arbitrary percentages to the Body Fat composition.

E. NCOAs Commandants will arrange for students who fail the body fat composition and they deem to be a potential health risk, to be seen at the post DA Medical Center or Troop Medical Clinic for medical clearance. This is also a requirement for students who look unhealthy or unfit for meeting WLC standards. If medical clearance is denied then deny enrollment of student. If student is medically cleared, but is over fat on BF worksheet, see the standards and requirements in C above.

---

**Course  
Graduation  
Requirements,  
Continued**

---

F. Soldiers attending NCOES (WLC) under a Temporary Underlying Medical Condition, (for example: a metabolic disorder) who fail to meet the Body Fat Composition Standards IAW AR 600-9, as diagnosed by a Healthcare provider and is being treated by the Healthcare provider for this condition. This condition does not limit the Soldiers physical limitations to complete the course and has the appropriate/approved paperwork IAW AR 40-501 and AR 600-9 will be exempt from receiving a Marginal 1059, upon completion of the course. The Soldier must present a Memorandum during enrollment that states he/she is "Not medically cleared to participate in a weight control and exercise program" and "The Soldier has an underlying medical condition requiring treatment. The estimated time before Soldier can participate in the Army Weight Control Program (AWCP) is \_\_\_\_ months." This Memorandum must be IAW AR 600-9 Fig 3-1 and signed by the appropriate personnel.

---

**Physical  
Requirements**

1. Students must be able to meet the following physical requirements during the course: (Exception--Soldiers with temporary profiles due to participation in OIF/OEF)
  - a. Conduct, demonstrate, and lead physical fitness training.
  - b. Negotiate rough terrain under varying climatic conditions.
  - c. Walk a minimum of 3200 meters with load carrying equipment (LCE) in a minimum of three hours.
  - d. Lift and carry all required packing list items (OCIE and CTA 50-900) for short distances.
  - e. Carry a 48 pound combat load that contains mission essential equipment (weapon, helmet, uniform, LCE included in 48 lbs).
  - f. Lift and carry fuel, water, ammo, MREs, or sandbags occasionally.
  - g. Low crawl, high crawl, and rush for three to five seconds.
  - h. Move over, through, and around obstacles.
  - i. Carry and fire individually assigned weapon.
2. Commandants may not supplement these course graduation requirements.

(REF: AR 350-1, Chap 3; AR 611-1, Chap 6; ARTEP 7-8; TR 350-10, Chap 2, para 2-7; FM 21-18, 01 Jun 90; DA MSG: 092054Z SEP 04, SUBJECT: Selection and Scheduling of Soldiers for Army Schools; and DA MSG; TR, 171414Z Apr 07, para 3, ALARACT 075/2007; and DAMO-TR, DTG: 051617Z May 08, ALARACT 120/2008)

---

---

**Course  
Objectives**

The training in WLC focuses on--

- Basic leadership training.
- Instilling leader's skills, knowledge, and experience needed to lead a team –size units.
- Providing the foundation for further training and development.
- Building functional leadership attributes, competence, and skills.

(REF: AR 350-1, Chap 3)

---